

Pain medication dosing instructions

Ibuprofen:

Children under 12:

Children's Motrin

Follow weight/age dosing instructions on the medication

12 to 17 years: *Patients in this age group that weigh less than 100lbs please consult your doctor as doses are based on body weight*

400-600mg every 6 hours as needed for pain

Maximum dose: 2400mg/day

Adult:

600-800mg every 6 hours as needed for pain

Maximum dose: 3200mg/day

*Caution:
Consult your physician if you
have renal or hepatic
impairment or if you require
special precautions with certain
pain medications.*

Tylenol:

Children under 12:

Children's Tylenol

Follow the weight/age dosing instructions on the medication

12 to Adult: *Patients in this age group that weigh less than 100lbs please consult your doctor as doses are based on body weight*

1 or 2 Caplets **Extra Strength Tylenol** every 6 hours as needed for pain (500mg-1000mg)

Maximum dose: Do not take more than 6 caplets in 24 hours

CAUTION: Do not take with any other medications containing Tylenol (Acetaminophen)

For most effective pain relief please alternate medications (never taking the same medication twice in a row) by staggering doses every 3 hours.

Example: Ibuprofen---Tylenol---Ibuprofen---Tylenol---Ibuprofen

 9am 12pm 3pm 6pm 9pm

If needed, the prescription pain medication may be taken in place of the Tylenol Dose (the prescription contains Tylenol and two medications containing Tylenol may not be taken together).