

IMPORTANT INSTRUCTIONS FOR SURGERY



If you are having, or want the option to have, **sedation "getting sleepy"** for your surgery:

You may not eat solid foods for six (6) hours before your surgery. You may drink **CLEAR**

liquids up to two (2) hours before your surgery. You may take regular medication with a small sip of water, unless your surgeon instructs you not to. **CLEAR LIQUIDS ARE:** Water, carbonated beverages, fruit juice with no pulp, clear tea and black coffee with nothing added.



You may brush your teeth prior to your surgery.



You can NOT drive yourself home if you are having sedation or "getting sleepy" for your procedure.



If the patient is having, or wants the option to have, sedation "getting sleepy" for surgery and is choosing to take a Taxi or Uber type transport, that cannot be done with the

patient alone. **The patient must have a friend or family member with them for us to release the patient to after surgery. We cannot release the patient to a Taxi or Uber type transport driver without a friend or family member present with the patient.**

A responsible adult needs to be with the patient for the first 4-6 hours after surgery if any sedation is used. **Minors** must have a parent, or legal guardian, with them for the appointment and to drive them home and care for them after surgery.



Please notify us, prior to your surgery, if you have a fever, vomiting/upset stomach, cough, cold, sore throat etc.

Have at home for after surgery:

Soft foods:

Milkshake/Smoothie, Pudding, Soup, Eggs, Pasta, Mashed Potatoes etc.



Have Ice packs available. Bags of frozen peas wrapped in a towel work well also.



If you are, or could be, pregnant please inform your oral surgeon prior to your surgery date.



Please be sure to fill your prescription medications ahead of time. Have nonprescription analgesics available such as Advil and Tylenol.



Day of

Surgery



Wear loose fitting and comfortable clothing with short sleeves and flat shoes. Bring something warm for after surgery, like a front zip sweater/sweatshirt (preferably not a pullover)



Please refrain from using camera's/video's in the surgical & recovery areas unless previously discussed with the treating Doctor. Please do not include office personnel if images are approved.



Please notify our office, prior to surgery, if there have been any health or medication changes.

CALL WITH ANY QUESTIONS
510.848.1055 or 925.253.1924